



Sunnah Sports Timetable



Female Only Classes

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Women Only Swimming 8:30pm - 9:30pm (Morden, SM4)	Kickboxing 7:30pm - 9:00pm (Morden, SM4)			Brazilian Jiu Jitsu 7:30pm - 8:30pm (Morden, SM4)	Swimming 5:45pm-7:45pm (Thornton Heath, CR7)	Gym Instructor 10:30m - 12:30pm